



October 11, 2020

Dear EMS ISD families and staff,

We hope you have enjoyed a nice weekend. Please remember that all students, staff, and visitors are required to self-screen for COVID-19 symptoms **each day** before coming to a campus or district facility. Please take your child's temperature and make sure he/she is not experiencing any of the symptoms listed below. As we move into the season for allergies, sinus, colds, and flu, we ask that you take extra care to ensure you and your child are healthy when entering a campus or attending an event.

It is important to recognize that one lab-confirmed case on a campus could impact dozens of other students and staff members as close contacts, who must then remain home for a 14-day quarantine period per state requirements. This is why it is **imperative** that students **not come to school** if they have symptoms. Large numbers of close contacts on a campus could postpone or cancel extracurricular activities or, ultimately, impact a school's ability to continue offering in-person learning.

If your child is experiencing any of the symptoms listed below, **please keep him/her home from school, activities, practices, rehearsals, etc.**, and contact your school nurse for next steps.

- **Your child is experiencing any symptoms of COVID-19**
 - Feeling feverish or have a measured temperature of 100 degrees Fahrenheit or higher
 - Loss of taste or smell
 - Cough
 - Difficulty breathing
 - Shortness of breath
 - Headache
 - Chills, shaking, or exaggerated shivering
 - Sore throat
 - Congestion or runny nose
 - Significant muscle pain or ache
 - Nausea, vomiting, or diarrhea
- **Has had direct exposure to someone who has tested positive for COVID-19 (also known as "close contact")**
- **Has been tested for COVID-19 and is awaiting test results**
- **Has received a lab-confirmed positive test result for COVID-19**

Together, we can all help our schools and facilities to remain open and our activities to continue by proactively self-screening each day and following all health safety protocols while on campus. Please visit the [EMS ISD COVID-19 Information Center](#) for information about district and campus health safety protocols, screenings, notifications, and operations in a COVID-19 environment.

Thank you for your continued partnership and cooperation. Have a healthy week in EMS ISD!

Sincerely,

EMS ISD Health Services